January 2027
Tour Itinerary

A COMPLETE GUIDE TO
RESILIENCE, UNLOCKING THE
STRENGTH INSIDE OF YOU

Zimbabwe
&
Botswana

UNSTOPPABLE
WORLD

Welcome to Sub-Saharan Africa

Situated in sub-Saharan Africa, Zimbabwe is a land of profound resilience, where breathtaking landscapes and vibrant communities inspire growth and transformation. This tour takes you through the nation's most iconic landmarks, offering a journey of personal and professional empowerment.

Also included on this tour is a visit to Northern Botswana, near the vast inland Okavango Delta, to the majestic Chobe National Park, known for its large herds of bush elephants and buffalos that often gather on the banks of the Chobe river to splash, play and drink - a reminder of balance, connection and adaptability.

Victoria Falls

Witness one of the Seven Natural Wonders of the World, symbolising nature's immense power and adaptability.

Chobe National Park, Botswana

Immerse yourself in the vast wilderness, a reminder of balance and perseverance.

Harare

Zimbabwe's capital, where tradition meets modernity, embodies the resilience needed to navigate change.

The Boma

Immerse yourself in culture through a legendary african dining experience at the Boma.

Rural Immersion

Where we can learn the value of agriculture in a resilient and regenerative model leaving behind a world that can feed itself for generations to come.

Imire Game Park

A sanctuary of conservation, exemplifying how teamwork and innovation create sustainable solutions.

This journey extends far beyond a tour - it's an invitation to step into a world where resilience is not just observed but lived, where the lessons provided leave behind a resounding impact on not only your life but of the people and communities met along the way.

Unlocking your Resilience

The Unstoppable Resilience tour is designed to unlock participants internal resilience by immersing them in experiences that inspire, challenge and teach under the self development heading - workshops and activities that build strength, adaptability and leadership skills.

WHAT IS RESILIENCE?

Resilience is the capacity to adapt and thrive through adversity.

On this tour, resilience takes centre stage as participants explore self-development, community engagement, and sustainability.

WHAT TO EXPECT

- Self-Development: Workshops and reflective activities to build emotional & mental strength, adaptability, and leadership skills.
- Community Engagement: Connect with local change-makers to see resilience in action, fostering mutual learning and inspiration.
- Sustainability in Practice: From regenerative agriculture to conservation, witness practical solutions for creating a sustainable future.
- Professional Growth: Develop strategies to thrive in uncertain times, drawing insights from Africa’s innovative approaches to business and leadership.

By the end of this tour, you’ll carry a resilience toolbox filled with lessons and strategies to inspire growth in your personal and professional life.

WHAT’S IN YOUR RESILIENCE TOOLBOX

Building Economic Resilience
Your journey equips you with essential skills for navigating today's unpredictable business landscape. Drawing from Zimbabwe’s innovative approaches, you’ll develop critical adaptability, strategic risk management, and cross-cultural collaboration capabilities.

Through immersive experiences with local enterprises and thought leaders, you'll gain practical insights for building a resilient professional future.

Become Unstoppable Course Content

By completing this world-class course, you'll gain knowledge and an unmatched skill set that elevates you and everyone around you. Prepare to transform your career, your life, and your community!

Professional Transformation Through Proven Frameworks

INTRODUCTION

The Become Unstoppable journey begins by helping participants understand Finding Your Why, establishing purpose as an anchor for resilience and identifying the values, people and experiences that give them motivation. From there, The Science of Resilience introduces how the nervous system responds to stress, while Emotional Resilience helps participants recognise, name and navigate their emotions rather than simply react to them. Together, these opening modules create the foundation for understanding that resilience can be developed through awareness, purpose and practical skills.

MIDWAY

As the course progresses, Mental Resilience & Self-Talk challenges participants to recognise the stories they tell themselves and develop more flexible ways of thinking, while Sleep & Recovery and Energy Management explore the importance of restoring and managing the resources required for sustainable performance. The journey then expands beyond the individual through Risk Mitigation & Preparedness and Relationships & Support Systems, showing how preparation, connection and support can strengthen our ability to navigate uncertainty and pressure. These modules turn resilience from an internal concept into a practical approach to managing everyday challenges, relationships and future uncertainty.

REFLECTION

The final stage of Become Unstoppable moves participants from understanding resilience to putting it into action through Courage, Confidence & Taking Action, where small steps and intentional action help build momentum despite fear and uncertainty. Your Resilient Future then brings the learning together, helping each participant identify their early warning signs, select the tools that work for them and create a personalised resilience plan for the future. The objective is to leave participants not simply with knowledge about resilience, but with practical strategies they can continue using as life, work and challenges evolve.

Our courses, workshops and partners work together to offer a comprehensive journey from personal mastery to global impact. Together, they form a powerful pathway to lasting transformation.

The Unstoppable Journey

Transform your professional and personal trajectory over 8 extraordinary days in Zimbabwe and Botswana. This unique programme blends self-development, deep learning on sustainable agricultural practices with awe-inspiring experiences, offering participants an unparalleled opportunity to grow and connect in meaningful ways.

We have partnered with world-class experts who provide hands-on guidance, wisdom, and support throughout the journey and beyond, ensuring every participant leaves with lasting tools and insights for personal and professional transformation.



Day-By-Day Journey

Victoria Falls sets the tone for the journey as a symbol of power, renewal, and resilience. Known locally as "Mosi-oa-Tunya" (The Smoke That Thunders), the falls represent overcoming adversity and enduring strength. Participants experience awe-inspiring views, reflective exercises by the Zambezi River, and the thrill of adventure to step outside their comfort zones.

DAY 1: 12 JANUARY 2027
FOUNDATIONS OF CHANGE

Welcome to Zimbabwe. Private Zambezi Sunset Dinner Cruise. Introduction to the “Become Unstoppable” course content, and Foundations of Change.

A blend of serene reflective settings and foundational skill-building to kickstart your journey.







DAY 2: 13 JANUARY 2027
NATURAL WONDER & PURPOSE

Visit Victoria Falls, one of the natural 7 wonders of the world, and engage in guided resilience reflection. Take part in the "Become Unstoppable" course 1 of 10 - “Finding Your Why.”

Head out for lunch at the LookOut Cafe. Take part in a guided resilience reflective session around “Become Unstoppable” course 2 of 10 - “The Science of Resilience”. Visit Crocodile Farm.

Linking awe-inspiring natural experiences with internal meaning, and practical lessons in resilience and leadership.





Day-By-Day Journey

Chobe National Park provides a natural backdrop for reflecting on resilience. With its diverse wildlife and vast savannahs, the park teaches balance and adaptability. Participants enjoy game drives, campfire discussions, and lessons in vulnerability, connecting deeply with nature.







DAY 3: 14 JANUARY 2027
WILDERNESS WISDOM

Travel by road to Chobe National Park, Botswana, just an hour and a half from Victoria Falls. Known for its massive elephant populations, big herds of buffalos and incredible bird life, Chobe offers a remarkable wilderness experience.

Premium game drives, with the possibility of seeing any one or more of the big 5. Embrace leadership lessons in wilderness settings. Take part in “Become Unstoppable” course 3 & 4 - Emotional Resilience, Mental Resilience and Self-Talk.

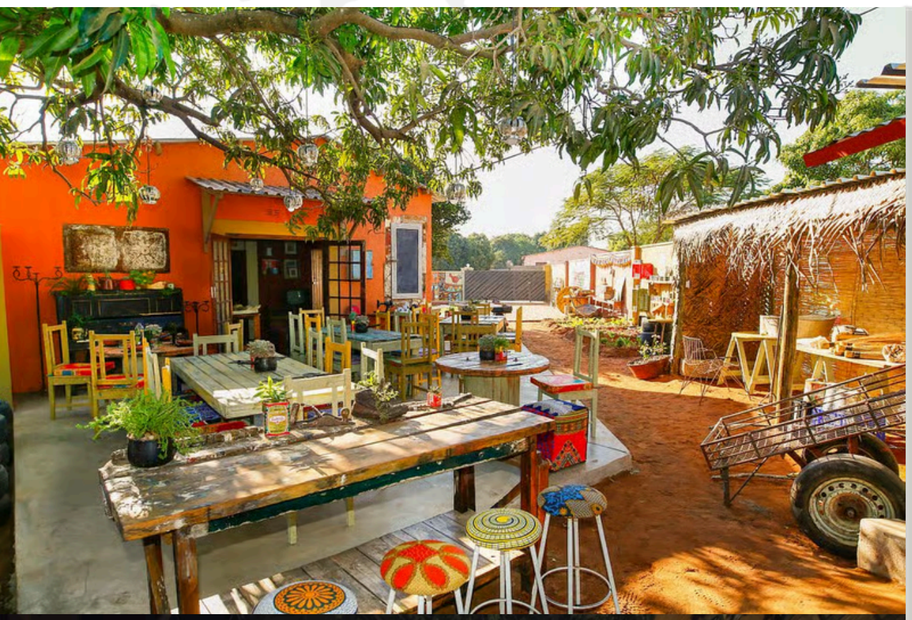
Engaging with nature to deepen strategic thinking and adaptability in professional settings and a time to get in touch once again, with the roots of what makes us human.

"Getting behind Unstoppable and being part of its global campaign to share and teach people, to give access to tools, courses and even tours in the field of resilience, especially in the agricultural world today is a great opportunity for me to not only be a part of but also to contribute meaningfully to a sector that in today's world has individuals coming under some major strains."

– KENDRA HALL
COMMUNICATIONS SPECIALIST & PARALYMPIC MEDALIST

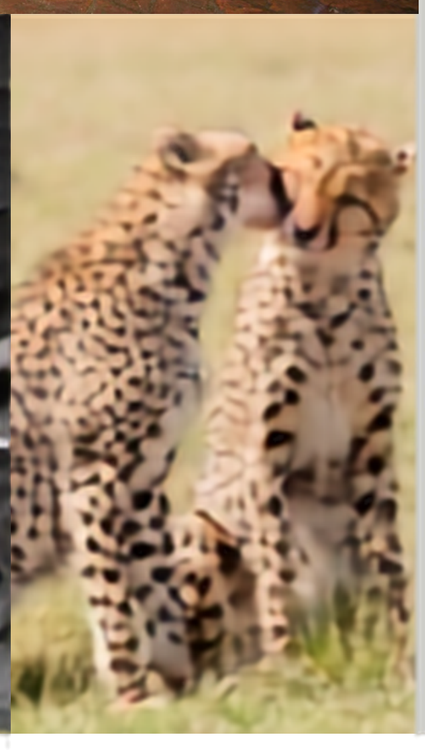
Day-By-Day Journey

Enjoy the warmth and hospitality of Zimbabwe and its people through an unforgettable evening at The Boma Dinner & Drum Show in Victoria Falls with a delicious 4 course traditional dinner followed by an interactive African drumming experience. The Boma is partially open to the African Skies and offers a unique experience. Senses will be bombarded with the tastes, sights, sounds and smells of Africa.









DAY 4: 15 JANUARY 2027
BUILDING RESILIENCE FROM THE INSIDE - OUT

Travel by road from Chobe National Park back to Victoria Falls.

Afternoon session at the Dusty Road Township unpacking “Become Unstoppable” course 5 & 6 - “Energy Management, Sleep and Recovery”. Prepare for an evening of culture, with culinary and musical experiences at The Boma Dinner and Drum Show.

A blend of exciting cultural immersions and understanding the impact of rest and personal energy in strengthening resilience.

"The Unstoppable Initiative is just the tonic that the industry needs. Equipping leaders, particularly farmers, with the tools to weather the storm - whether personal or in business - will provide a vital service to help the people on the frontlines of the sector improve their mental well being”

– CAMILLA HAYSELDEN - ASHBY
HEAD OF PRODUCT - FIELD MARGIN

Day-By-Day Journey

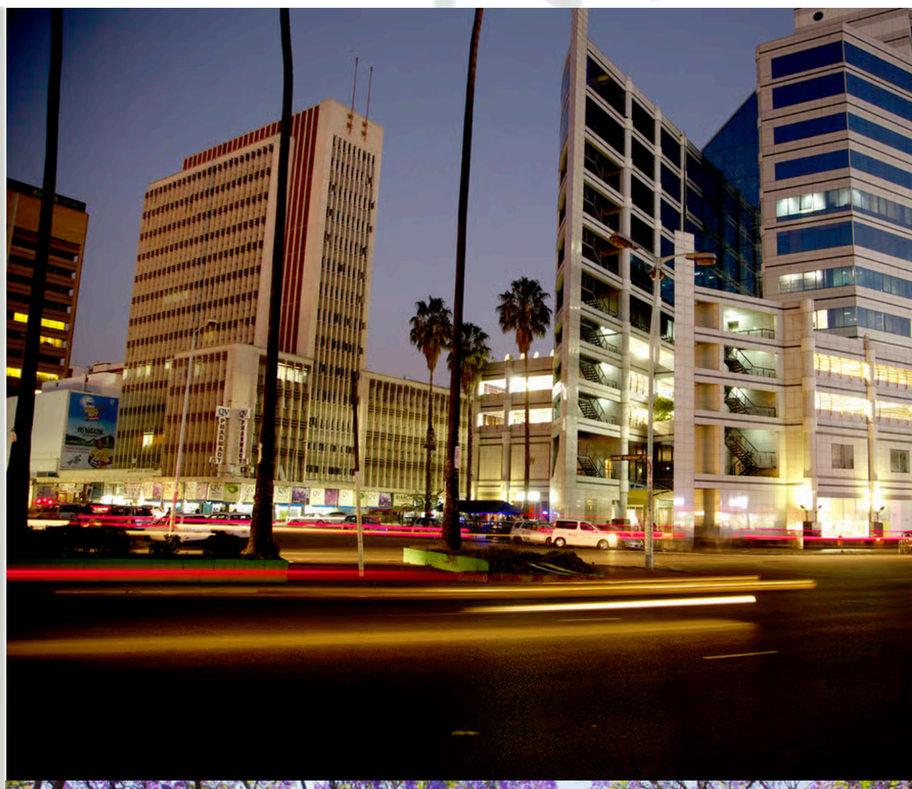
Zimbabwe’s capital, Harare, represents modern resilience and adaptability where participants explore spaces that showcase the city’s innovative spirit and cultural heritage. Lessons here will leave an impact and inspire where a country that faced economic collapse, beyond what any recession could ever impact any country, yet the people stood proud, never faltered and evolved to not only survive, but thrive.

DAYS 5: 16 JANUARY 2027
TRANSITION TO HARARE

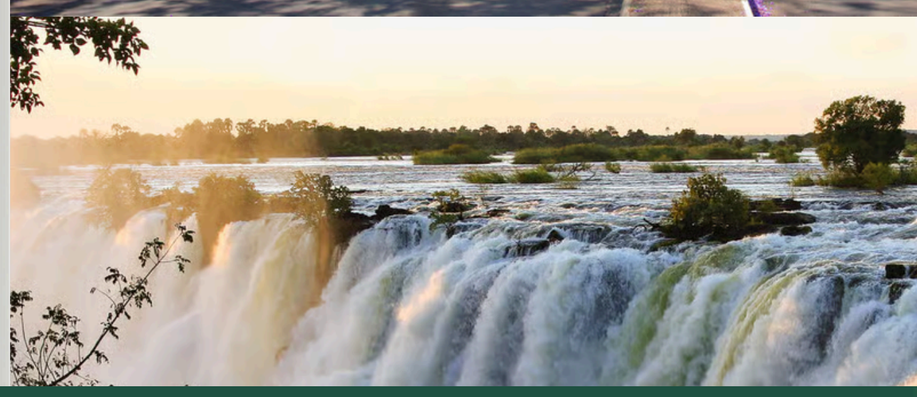
Sunrise Tram ride through the Zambezi National Park. A unique opportunity with beautiful views, wildlife experiences, and morning reflections. Learn about the history of the area and the bridge.

Complete “Become Unstoppable” course 7 - “Risk Mitigation” before a walk through the local crafts market and prepare for the next leg of your journey.

Take a flight from Victoria Falls to Harare, ensuring a seamless transition from Matabeleland province to the home of the Shona. Enjoy a quiet dinner and a relaxing evening at one of Harare’s most prominent boutique guest houses







“Through my own experiences and conversations with people around the world I have become aware that there is a real need for Unstoppable. Mental Health is an issue that regularly crops up for everyone but particularly for those in Agriculture.”

– DR. OLIVIA CHAMPION
AGRITECH FOUNDER & NUFFIELD SCHOLAR

Day-By-Day Journey

Zimbabwe’s agricultural landscape embodies resilience through sustainability, offering a hands-on understanding of sustainability challenges and solutions, inspiring action through impactful learning. The agriculltural locations also offer insights into the intersection of leadership, suatinability and mental health.

DAY 6: 17 JANUARY 2027
AGRICULTURAL RESILIENCE

Explore Zimbabwe’s agricultural landscape by visiting a commercial farming operation near Harare. Learn how local farmers innovate and adapt amidst economic and environmental challenges, reflecting resilience at its core.

Participate in a rural community impact project, an opportunity for the group to work together and come up with a project to positively serve the people, who themselves offer the most profound lessons on resilience. Followed by a serene picnic lunch.

Visit one of Harare’s arts and crafts market, and reflect on the bustling activity of a capital city in a 3rd world country fighting for sustainable economic recovery

End the day with an elegant dinner, while participating in “Become Unstoppable” course 8 - “Relationships and Support Systems”, and a session on recognising and addressing mental health challenges that impact individuals and communities.








Day-By-Day Journey

Imire Game Park demonstrates the power of teamwork and conservation. Known for its efforts in protecting endangered species, the park offers participants a chance to engage with elephants, buffalo, and rhinos. The final reflective sessions of the journey take place here, leaving participants inspired to take their resilience toolbox back into their own lives. Imire is not only an experience, it is a gift. A unique experience not found anywhere else in the world.







DAY 7: 18 JANUARY 2027 PERSONAL REFLECTION & CONSERVATION

Early morning reflection on your journey so far, and engage in "Become Unstoppable" course 9 - “Courage, Confidence and Taking Action".

Travel to Marondera's Imire Game Park, an inspiring outdoor setting, where conservation efforts protect iconic wildlife species.

Explore small scale agricultural practices at Imire, engaging in discussions around sustainability and its critical role in combating food security.

A once-in-a-lifetime opportunity to interact with wildlife, including close encounters with black rhinos and elephants. Reflect on purpose-driven leadership amidst Zimbabwe's natural beauty.

Conclude the “Become Unstoppable” course with final reflections around the beautiful Imire born fire, and receive your Certificate of achievement. Celebrate your transformation as you take stock of your personal and professional growth

Deepening connections to nature and gaining renewed purpose through immersive conservation experiences.

Day-By-Day Journey

Known as "the country that refuses to die," **Zimbabwe is the epitome of transformation**. Here, where communities have turned history's greatest challenges into powerful stories of triumph, participants complete their own journeys of resilience, carrying forward an unstoppable spirit that will inspire generations to come.

DAY 8: 18 JANUARY 2027
CULMINATION & CONTINUITY

Begin your journey home or continue travelling, equipped with practical tools, renewed resilience, and lifelong connections forged during this unforgettable experience.

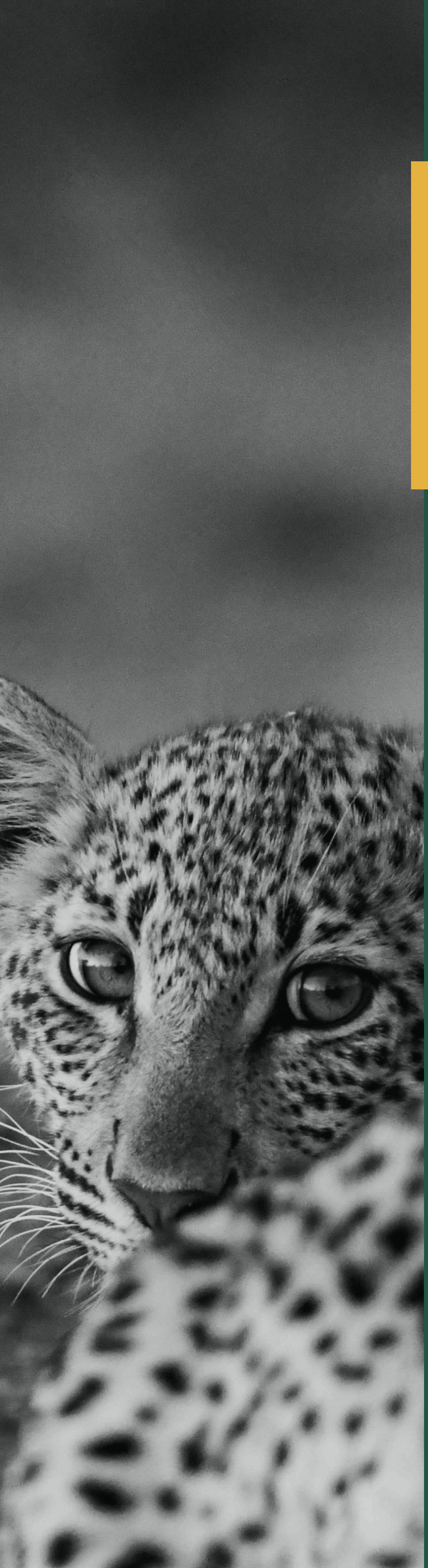
Empowering participants to implement the lessons learned and sustain their momentum, with a strong network of support to drive meaningful change.



"Immersing myself in the landscapes and challenges of Zimbabwe provided a once-in-a-lifetime chance to break away from the routines of daily life and dive deeply into learning and self-discovery. Being in an unfamiliar setting with a group of like-minded individuals created an environment for reflection, collaboration, and growth.

It wasn't just about exploring agriculture in a different context; it was about broadening perspectives, building resilience, and forming connections that challenged and expanded my thinking.

— Munro Hardy
Director of Cape Adieu



This is a self-development journey unlike any other and you will not leave the same person who signed up.

From here on out, everything changes.

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www.unstoppablenow.world

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